



*Tranquil* **Day Spa** *PACKAGES*

## REVIVE & RENEW

£265.00

Enjoy an hour of tranquillity in our flotation tank then indulge in a luxury LI'TYA Sapphire Sea Wrap, experiencing our Vichy shower treatment. This is a highly nutritious, total body, anti-ageing treatment, rich with amino acids and B vitamins; great for smoothing, renewing and tightening the skin. You will then be energised and nourished with a complete Mother of Pearl body exfoliation, before being cocooned in warm Pearl and Kelp Body Mud while you enjoy an Aboriginal inspired scalp massage. A full body Kodo Massage completes this truly holistic experience.

Relax with lunch on either our roof terrace or in our relaxation lounge whilst enjoying a glass of Champagne.

The afternoon will consist of a LI'TYA Mikiri Facial which is deeply cleansing and refining; this treatment eliminates toxins, renews, restores and nourishes the skin. Tailor-made for the individual, this facial targets specific problem areas, such as sensitivities, dehydration and congestion, with the use of herbal masks.

Complete your day with a Jessica Deluxe Manicure, followed by a luxurious wash and finish with one of our experienced hair stylists; leaving you ready to reconnect with the world.

## LI'TYA YANKO VICHY TREATMENT & KODO MASSAGE

£95.00

This energising full body wet-room exfoliation therapy uses native aromatic oils which are applied to the body, followed by Desert Salts to cleanse and purify. A warm water massage washes away the stresses of the outside world, stimulating the circulation and soothing tired muscles, leaving the skin invigorated and the spirit revitalised.

Finally, the Kodo Massage is performed. This rhythmic body massage is inspired by traditional Australian Aboriginal techniques, which tone and realign energy flow, enhancing mind, body balance and wellness. A combination of pressure points and spiralling movements ground and uplift, leaving the body's energies flowing freely. The body is then able to start healing itself, relieving physical and emotional tension.

## LI'TYA TOWILLA THALARA

£165.00

This total two hour face and body experience will revitalise and rejuvenate all your senses. Your choice of aromatic salts and oils are applied to buff away dead skin cells. The Vichy water flow will stimulate circulation while Australian Guberra Stones are massaged all over the body.

This treatment includes a personalised vitamin-enriched facial to cleanse and hydrate the skin. A Quandong Hair Mask will nourish the hair while the Paudi Scalp Massage is performed. Finally, surrender to the melodic motions of the Miji Kodo Massage.

Enjoy a relaxing lunch on either our roof terrace or in our relaxation lounge, while enjoying a glass of Champagne.

Your time with us will then be completed in the hands of one of our experienced hair stylists, who will conclude your day with a luxurious wash and finish.



## STRESS BUSTER

£125.00

Begin by experiencing an hour in our unique flotation tank, equivalent to eight hours' sleep and a perfect remedy for all over body relaxation and recuperation. Follow this with either the luxury ESPA or L'ITYA experience below.

Enjoy the ESPA Luxury Holistic Back, Face and Scalp treatment; consisting of a luxurious back body brush, exfoliation and back massage to stimulate and ease those tired, tense muscles. Then indulge in an ESPA Prescriptive Facial, designed by your experienced therapist to suit your skin type and any special concerns. A relaxing scalp massage will follow, bringing harmony to the mind and body.

Alternatively, enjoy our L'ITYA Yanko Jindalee treatment in our Vichy shower room. This reharmonising full body and face wet-room therapy cleanses and smoothes the body with native aromatic oils and exfoliates with ancient sea salts. A warm water massage then washes away tension and promotes vitality. A hydrating facial treatment is then performed while the jets of water gently massage your body. A soothing Paudi Scalp Massage with a nourishing Quandong Hair Mask completes this amazing experience.

To finish, enjoy a leisurely lunch either on our roof terrace or in our relaxation lounge.

## BUFF'S ULTIMATE REJUVENATING WATER EXPERIENCE

£180.00

Begin your journey with an ESPA Vichy Full Body Salt and Oil Scrub. This wonderfully relaxing and invigorating water treatment, involving seven powerful jets continuously spraying warm water onto your body, kick-starts both your lymphatic and circulatory systems. The full body exfoliation combines salts and nourishing essential oils to leave your skin feeling completely hydrated and ready for the deeply warming body mud of the Oshadi Wrap to be applied. This wrap is based on Ayurvedic principles ensuring the warmth and hydration that is given from the mud helps with aches and pains, stiff joints and tension.

Lunch follows on our roof terrace or in our relaxation lounge.

The afternoon will flow with a full body massage using aromatherapy oils to meet your physical and emotional needs on the day; creating relaxation and balance within and without, helping you to reconnect with the world.

Indulge then in a Regenerating Facial with firming eye treatment. This concentrates on reviving natural moisture. It is designed for mature, dry or dehydrated skin and pays particular attention to the delicate eye area, helping to minimise the appearance of fine lines.

## THE DREAM

£275.00

Enjoy a luxurious day with us and relax, revitalise and rejoice with our signature treatment 'The Dreaming'. The adventure includes:

**Miji Jina Foot Ritual**  
**Mala Mayi Body Wrap**  
**Kodo Body Massage**  
**Paudi Head Massage**  
**Mirri Facial and**  
**Miji Polama Hand Treatment**

all of these embrace traditional Aboriginal healing techniques. Combining deeply therapeutic treatments with a healing approach, the skin of the face and body is cleansed, invigorated, restored and nourished, tired muscles are eased and energised, and all the body's systems are rebalanced and rejuvenated.

Follow with a leisurely lunch on either our roof terrace or in our relaxation lounge.

In the afternoon your hands and feet will have a complete pamper with our Jessica Deluxe Manicure and Pedicure treatments. After which a luxurious wash and finish with one of our experienced hair stylists will leave you ready to reconnect with the world.



## RELAX & RENEW

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£200.00

This wonderful two hour ESPA Luxury Holistic Full Body, Face and Scalp treatment commences with a sensory journey – your personal therapist will discuss your individual needs and identify the appropriate essential oil blend to suit you. Your journey continues with a full body brush, exfoliation and massage to stimulate and ease those tired muscles.

This is followed by an ESPA Prescriptive Facial which is tailored to treat the individual needs of your skin, with a relaxing scalp massage to finish, bringing harmony to the mind and body.

Relax with lunch either on our roof terrace or in our relaxation lounge, while enjoying a glass of Champagne.

The day continues with a Jessica Deluxe Manicure and Pedicure. To complete your journey you will be placed in the hands of one of our experienced hair stylists and enjoy a luxurious wash and finish, ensuring that you feel completely pampered from head to toe and ready to face the world again.

## SHARE THE DREAM

for two **£395.00**

This is a luxury treatment for two people to share.

Relax, revitalise and rejoice with our signature treatment, 'The Dreaming', which reconnects the body, mind and soul, nourishing you from head to toe and from the outside, in. The adventure includes:

**Miji Jina Foot Ritual**  
**Mala Mayi Body Wrap**  
**Kodo Body Massage**  
**Paudi Head Massage**  
**Mirri Facial and**  
**Miji Polama Hand Treatment**

all of which embrace traditional Aboriginal healing techniques. Combining deeply therapeutic treatments with a healing approach, the skin of the face and body is cleansed, invigorated, restored and nourished, tired muscles are eased and energised, and all the body's systems are rebalanced and rejuvenated.

Follow this with a leisurely lunch on our roof terrace or in our relaxation lounge, while enjoying a bottle of Champagne.

## ESPA ALGAE WRAP & DETOXIFYING MASSAGE

**£105.00**

This treatment is for those who want a complete detox.

The Algae Wrap stimulates, detoxifies, firms and tones, eliminating toxins whilst also hydrating the skin and helping cellulite, fluid retention and bloating. For long lasting results a course is recommended but this on its own can be a good kick-start and make you feel refreshed and renewed.

Follow this with another blissful hour enjoying a detoxifying full body massage which will not only stimulate your circulation but also ease those tired, tense muscles. The Detox aromatherapy oil used throughout this treatment is an invigorating, tangy blend of essential oils which help to combat the effect of toxins that can build up as a result of an unbalanced diet and a demanding and irregular lifestyle. Afterwards the body is purified and left feeling uplifted and invigorated.

## ESPA INDULGENCE

**£145.00**

This deluxe treatment for those who want to completely unwind, incorporates our Luxury Holistic Back, Face and Scalp treatment.

Your personal therapist will discuss your individual needs and identify the appropriate essential oil blend to suit you. This luxurious treatment will then begin with a full body brush, exfoliation and massage to stimulate and ease those tired muscles. To follow is an ESPA Prescriptive Facial, designed by your experienced therapist to suit your skin type or concerns. A relaxing scalp massage completes this treatment, bringing harmony to the mind and body.

Follow this with lunch on our roof terrace or in our relaxation lounge, while enjoying a glass of Champagne.

The afternoon will commence with your choice of either a Jessica Deluxe Manicure or Pedicure. A luxurious wash and finish, by one of our experienced hair stylists, concludes the day.